

Spiritual Healing

Herbal Medicine and Nature Wisdom

Apprenticeship in Rural France

with Julia Graves and Jacquelin Guiteau

July 26 – August 6, 2015



Join two of today's cutting edge healers for a journey to the heart of plant medicine. A unique opportunity to train with Julia Graves, this summer all teachings are centred around the spiritual dimension of healing and nature awareness. Including principals of all major energetic herbal traditions, the summer school teaches planetary plant healing. Modelled on a traditional herbal apprenticeship, we come together to treat and receive treatment, to discover ourselves, work with our intention, mind and prayer, and to let ourselves be transformed by the plants. Nestled into the green hills of France, this is the ideal place to

immerse ourselves into Nature. Meadows and forests, rivers and bogs offer an incredibly rich and varied outdoor classroom, as well as are home to deer, wild boars, badgers, weasels, foxes, song- and prey birds. We are happy to offer an English language program for this coming summer. Our French summer course takes place from July 3 to 9.

“A lot of what you see depends on what you are looking for.”

2015 Program

From Intellect to Intuition – the Spiritual Dimension of Healing with Plants



Apprenticeship Program

Thanks to so many requests, we are repeating a similar program as last year. This class revives the tradition of the herbal apprenticeships of days gone by, in which the learning was one of direct transmission of experience from master to student. The exact content depends on the students and their level of understanding of plant healing. It is limited to a small number of people to preserve the intimate rapport and allow for individual coaching. We learn to understand healing as a changing flow of energetic manifestations. Most importantly, this summer focuses on the spiritual dimension of healing, of achieving wholeness within the universe. As a special, we will include the experience of the **alchemy of distilling**: the making of hydrosols, flower waters and spirits, and

essential oils in a traditional copper still. It includes the traditional **art of spiritual baths** made from fresh flowers for transformation and soul healing.



When Healing becomes an Art

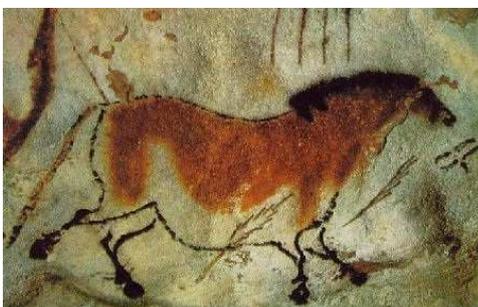
This class is designed to close the gap between the plants and the practitioner. We can gain the unshakable trust in the healing power of nature only by living in and with it. This course is designed to do that. We will find, befriend, smell, taste, eat, and drink plants, put them on our bodies, live with them, bathe in them, make them into medicine and allow them to heal us and those around us. It is then that the healer, the healing and the healed become one.

Herbalism as Living Experience

The course covers plant study and attunement, how to sense and assess energy, matching the plant's and the person's energetic patterns, using our intuition instead of your intellect, spiritual cleansing and baths, harvest and prayer, as well as lots of clinical practice with holistic evaluation. We learn to differentiate between various herbs and flower essences, how to test them, how to recognize their specific symptom - , and constitutional pictures. The class is designed as a lab. The students are encouraged to enter the living lab of herbalism, of learning about plants, medicine making, of diagnosis and treatment, and how we can bring spirituality to all of those.



This course includes a visit to the nearby paleolithic cave in Dordogne, the *Cradle of Humanity*. This year, we visit the world famous cave of *Lascaux*, sporting two hundred 17 000 year old multi-colour images. Rightfully called "The Sixteenth Chapel of Prehistory", its magnificent paintings open an unequalled window onto our shamanic prehistory. We arranged a special time for the group there to experience the spiritual energy and acoustical genius of the cave.



2350 Euros (this includes everything: food, board, tuition, teaching materials, and the outing)

Apply with jacquelinguiteau@lilycircle.com

Places are limited. Interested students have to apply for admission to the apprenticeship program. Places will be given on a first-come-first-serve basis.

Peyrissaguet Farm

Join people from all over the world in one of the most beautiful parts of rural Europe. During this time, you will be guests at Peyrissaguet organic farm – a 260 year old historic farmstead with old

granite build houses renovated in eco-construction, nestled on a southern hill slope with magnificent panoramic views over the surrounding land. The area is amongst Europe's least densely populated, and consists of 50% forest. The abundant local flora and fauna is an ideal setting to explore nature. Nearby is the medieval town of Treignac along the ancient pilgrims' route to Santiago de Compostella.

Our facilities are simple, rustic and comfortable and provide a relaxing and beautiful place for participants to learn. We provide delicious and healthy food and make a point of sampling local food specialties from the world-renowned French cuisine. We also provide a wheat and dairy free alternative.

You can arrange to have a paid consultation with Jackie or Julia during the course.



- Herbal Education for a Lifetime -



Here is what the participants had to say: *I am finding the information from the course very useful and have been using it immediately in practice. I would love to lock myself away and tidy my notes and fill in the gaps....hopefully I'll soon find the time! Attending the second year really helped me to integrate all the information of the first year on a much deeper level.*

Belinda Robertson, medical herbalist, Australia



Julia Graves, author, master herbalist, Gestalt psychotherapist, bodyworker, and flower essence specialist. Julia first learned herbalism in childhood from her mother, and cupping, herbalism, homeopathy and anthroposophical medicine at the age of 19 from an old naturopathic doctor. She studied medicine in her native Germany, now practicing holistic medicine, integrating her diverse training background with her love for plants and nature. An expert flower essence counselor, she developed a line of lily flower essences, the *Lily Circle*, as well as a line of flower essences to be used by Mayan Abdominal Massage practitioners, and is the author of the successful book on the doctrine of signatures, *The Language of Plants*, as well as a guide to the *Lily Circle*. She has founded and headed the *Haiti Earthquake Survivor's Clinic* and treated thousands of impoverished people for free. A senior spiritual practitioner, she has lived in Findhorn, as well as in the Himalayas studying Buddhist meditation and how to use the mind in healing. Julia is renowned for the clarity and liveliness of her teaching style. Her passion are the energetics of plant medicine, and to bring the Traditional European Medicine back to people's awareness. www.lilycircle.com



Jacquelin Guiteau / Jinpa has been a spiritual teacher and herbalist for 20 years. Jackie soaked up herbalism in his native Haiti where biomedical care is unaffordable for the masses and the veil to the spiritual world thin. A filmmaker and electrical engineer, he worked as the chief broadcast engineer and manager for CUNY TV. He has studied Western and Eastern mysticism extensively since the age of 14, and spent three years in India studying in a Buddhist monastery. He founded the *Naturopathic Earth Quake Survivor Relief Clinic* in Haiti with Julia Graves after the devastating earthquake, based on the model of their naturopathic clinics for the refugee Tibetan monks in India. Jackie has treated 9000 people as the Haiti clinic's head herbalist to date. His training includes furthermore body oriented and creative media based psychotherapy, Reiki, yoga, Gnosticism, Rosicrucianism, Freemasonry, Theosophy, the Kabbalah, as well as Vajrayana Buddhism. He spent four years in solitary retreat to integrate what he had studied. Jackie is a much beloved meditation master and spiritual teacher who synthesises Eastern and Western mysticism, and practises healing with his secret ingredient: Love.

www.haiti.citronica.com

Please sign up early as the places are restricted and will be filled strictly on a first come, first serve basis. Please apply early to ensure your place. We will send you the application information. You have to send us back the application form. In the application process, we ask you to call us (after we agree on a time) for a short phone interview. We ask students to arrive on July 26 in the afternoon; the class starts with dinner and an evening circle. The class ends with breakfast on the morning of August 6.

For all further information, please contact Jacquelin Guiteau at jacquelinguiteau@lilycircle.com.

Student's feedback:

“The Herbal Intensive course in Peyrissaguet, France, taught by Julia Graves and Matthew Wood was an incredible course in every way. Breathtaking nature with many wild herbs provided a beautiful outdoor classroom and the newly renovated farmhouse made for a cozy and rustical indoor classroom. The word intensive is a bit of an understatement for describing this course, we covered an astounding amount of material in the 10 days we were there. In spite of the overwhelming amount of information, it was a fascinating course from beginning to end. Julia Graves is an exceptional teacher who shares her vast knowledge freely in a well structured and easy to comprehend manner. Her great love of nature and herbs along with her intuitive understanding of the nature and signatures of herbs make for truly inspiring lessons. Matthew Wood, who doesn't really require an introduction adds unique insights, vast clinical information and compelling anecdotes to the classes - one gets the feeling he is describing close friends as he speaks about the herbs. The combination Graves/Wood leads to complete lessons, covering all aspects of herbs, healing, diagnosing and prescribing. It is very difficult to chose a part of the course that I would deem my favorite, as the course works so well because of all of it's components. A few highlights were the doctrine of signatures, animal constitutions, pulse diagnosis, facial diagnosis, anthroposophic theory, treatment of blood, and I especially liked the plant attunements. But the real highlight for me was how so many things that I had learned theoretically all came together in this course, creating a non-stop aha effect. I have never learned so much in such a short

time, with such great teachers and such a fantastic group of students in such a beautiful setting. I wouldn't miss the next courses for anything in the world."

Swanie Simon is a German-American dog trainer and naturopathic doctor for animals. She raises German shepherds and owns a successful herbal pet remedy company. www.barfers.de

"Peyrissaguet lent a landscape of expansive natural wonder, an ideal herbal immersion. The late Summer foliage was a resource for our daily lessons, perfectly balancing the wide breadth of the intellectual material exchanged.

Julia Graves' clinical clarity of plant medicine is complimented by her truly artistic interpretation of botany. Her ability to simplify elaborate theory helped each student progress in the classroom, thereby retaining group unity.

Truly a planetary convergence bridging together herbal traditions and traditional medicine systems. My infinite gratitude for the profound insights and guidance!"

Kelsey Barrett, Reiki practitioner and student of transpersonal psychology

Photos: Gertje Koenig, Swanie Simons, Peter Schell, Tom Lupica