

Spiritual Healing and Nature Wisdom

Herbal Retreat in Rural France

with Julia Graves and Jacquelín Guiteau

July 23 - August 3, 2018



Join two of today's cutting edge healers for a journey to the heart of plant medicine. This summer, all teachings are centred around the spiritual dimension of healing and nature awareness, on becoming a true healer by healing oneself. We come together to discover ourselves, work with our intention, mind and prayer, and to gracefully let ourselves be transformed by the plants. Nestled into the green hills of Limousin in France, this

is the ideal place to immerse ourselves into Nature. Meadows and forests, rivers and bogs offer an incredibly rich and varied outdoor classroom, as well as are home to deer, wild boars, badgers, weasels, foxes, song- and prey birds.

Journey towards Wholeness – Plants, Invocation, and Healing

This class revives the tradition of the herbal apprenticeships of days gone by, in which the learning was one of direct transmission of experience from master to student. The exact content therefore also depends on the students and their level of understanding of plant healing. It is limited to a small number of people to preserve the intimate rapport and allow for



individual coaching. We learn to understand healing as a changing flow of energetic manifestations. This summer focuses on enhancing the healing process and plant preparations through **invocation, intention, and prayer, distilling**, and medicine making. It includes the traditional **art of spiritual baths** made from fresh flowers for transformation and soul healing. We will distil aromatic as well as non-aromatic plants and make hydrosols as well as essential oils, as well as infused oils. For return students, we will present new levels of how to take and prepare spiritual baths this year as always, which include baths for strong etheric cleansing.

When Healing becomes a Joyful Art

This class is designed to close the gap between the plants and the practitioner. We can gain the unshakable trust in the

healing power of nature only by living in and with it. In this course, we will do that. We will find, befriend, smell, taste, eat, and drink plants, put them on our bodies, live with them, bathe in them, make them into medicine and allow them to heal us and those around us. It is then that the healer, the healing and the healed become one.

Herbalism as Living Experience

The course covers plant study and attunement, how to sense and assess energy, matching the plant's and the person's energetic patterns, using our intuition instead of your intellect, spiritual cleansing and baths, harvest and prayer, as well as clinical practice with holistic evaluation.



We learn to differentiate between various herbs and flower essences, how to test them, how to recognize their specific symptom - , and constitutional pictures. The class is designed as a lab. The students are encouraged to enter this living lab of herbalism, of learning about plants, medicine making, and themselves, of diagnosis and treatment, and how we can bring spirituality to all of those.



This course includes a visit to the magnificent Renaissance *Château de Losse* with its famous gardens. We will spent the afternoon in charming *Sarlat-la-Caneda*, a unique and impressive medieval town build from yellow sandstone in the heart of the Perigord Noir, land of black truffles, and enjoy the amazing traditional local French cuisine!

Other outings include the farmer's market in medieval Treignac on the pilgrim's route to Santiago de Compostella, a visit to the local chocolatier's workshop to watch chocolates being made, and swimming and pick-nick by our wonderful lake.

2500 Euros (this includes everything: food, board, tuition, teaching materials, and the outings with entry fees [except the meal at the restaurant during the outing]). The course starts at dinner time (6 pm) on the first day – we are ready to receive students starting at 3 pm. The course ends after breakfast on the last day.



Apply with jacquelinguiteau@gmail.com

Places are limited. Interested students have to apply for admission to the apprenticeship program. Once you are sure you want to come, we will have a short interview with you to make sure the course is right for you. Places will be given on a first-come-first-serve basis.



Peyrissaguet Farm

Join us in one of the most beautiful parts of rural Europe. During this time, you will be guests at Peyrissaguet organic farm – a 275 year old historic farm stead with old granite build houses renovated in eco-construction, nestled on a southern hill slope with magnificent panoramic views over the surrounding land. The area is amongst Europe's least densely populated, and consists of 50% forest. The abundant local flora and fauna is an

ideal setting to explore nature for healing. Nearby is the medieval town of Treignac along the ancient pilgrims' route to Santiago de Compostella.

Our facilities are simple, rustic and comfortable and provide a relaxing and beautiful place for participants to learn. We provide delicious and healthy mostly organic food and make a point of sampling local food specialties from the world-renowned French cuisine. We always provide a vegetarian, wheat / gluten and dairy free alternative.

You can arrange to have a paid consultation with Jackie or Julia during the course.

- Herbal Education for a Lifetime -

Here is what the participants had to say: I am finding the information from the course very useful and have been using it immediately in practice. I would love to lock myself away and tidy my notes and fill in the gaps....hopefully I'll soon find the time! Attending the second year really helped me to integrate all the information of the first year on a much deeper level.

Belinda Robertson, medical herbalist, Australia



Julia Graves, author, master herbalist, Gestalt psychotherapist, bodyworker, and flower essence specialist. Julia first learned herbalism in childhood from her mother, and cupping, herbalism, homeopathy and anthroposophical medicine at the age of 19 from an old naturopathic doctor. She studied medicine in her native Germany, now practicing holistic medicine, integrating her diverse training background with her love for

plants and nature. An expert flower essence counselor, she developed a line of lily flower essences, the *Lily Circle*, the *Spiritual Warrior Essences* for soul retrieval, as well as a line of flower essences to be used by Mayan Abdominal Massage practitioners, and is the author of the successful book on the doctrine of signatures, *The Language of Plants*, as well as a guide to the *Lily Circle*. She has founded and headed the *Haiti Earthquake Survivor's Clinic* and treated thousands of impoverished people for free. A senior spiritual practitioner, she has lived in Findhorn, as well as in the Himalayas studying Buddhist meditation and how to use the mind in healing. Recently, she has co-produced the iconic online radio show *Unlock Your Health* with Dr. Vijay Murthy. Julia is renowned for the clarity and liveliness of her teaching style. Her passion are the energetics of plant medicine, and to bring the Traditional European Medicine back to people's awareness.

www.lilycircle.com



Jacquelin Guiteau / Jinpa has been a spiritual teacher and herbalist for over 20 years. Jackie soaked up herbalism in his native Haiti where biomedical care is unaffordable for the masses and the veil to the spiritual world thin. A filmmaker and electrical engineer, he worked as the chief broadcast engineer and manager for CUNY TV. He has studied Western and Eastern mysticism extensively since the age of 14, and spent three years in India studying in a Buddhist monastery. He founded the *Naturopathic Earth Quake Survivor Relief Clinic* in Haiti with Julia Graves after the devastating earthquake, based on the model of their naturopathic clinics for the refugee Tibetan monks in India. Jackie has treated over 10 000 people as the Haiti clinic's head herbalist to date, as well as studied with the Haitian shamanic master herbalist, and midwife Oliama

Derivière. His training includes furthermore body oriented and creative media based psychotherapy, Reiki, yoga, Gnosticism, Rosecrucianism, Freemasonry, Theosophy, the Kabbalah, as well as Vajrayana Buddhism. He spent four years in solitary retreat to integrate what he had studied. Jackie is a much beloved meditation master and spiritual teacher who synthesises Eastern and Western mysticism, and practises healing with his secret ingredient: Love.

www.haiti.citronica.com

Please sign up early as the places are restricted and will be filled strictly on a first come, first serve basis. Please apply early to ensure your place. We will send you the application information. In the application process, we ask you to call or skype us (after we agree on a time) for a short phone interview.

The class starts on July 19 at 6 pm for dinner. Please make sure to arrive in the afternoon between 3 and 6 pm. The class ends after breakfast on the morning of July 30.

For all further information, please contact Jacquelin Guiteau at

jacquelinguiteau@lilycircle.com.

Student's feedback:

“Peyrissaguet lent a landscape of expansive natural wonder, an ideal herbal immersion. The late Summer foliage was a resource for our daily lessons, perfectly balancing the wide breadth of the intellectual material exchanged.

Julia Graves' clinical clarity of plant medicine is complimented by her truly artistic interpretation of botany. Her ability to simplify elaborate theory helped each student progress in the classroom, thereby retaining group unity.

Truly a planetary convergence bridging together herbal traditions and traditional medicine systems. My infinite gratitude for the profound insights and guidance!”

Kelsey Barrett, Reiki practitioner and student of transpersonal psychology

Photos: Leigh Warre, Katharina Poppmeier, Sharri Keller, Dido Roggatz